



**IMAGINE
ROTARY**



**Rajkot
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Club Bulletin
Editor : Rajvi Bharad
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GREATER

YEAR 2022/2023

TIMES

WEEKLY NEWS LETTER OF ROTARY CLUB OF RAJKOT GREATER

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RI. District : 3060 | Year : 2022 – 2023
Club Number : 24912
Chartered : August 26, 1987

36
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18th June : Greater Boogie Woogie
24th-25th June : आरोहश्री RID 3060 Award Ceremony
29th June : Thanksgiving



1st June	: Rtn. Manish Patel	9825266466
1st June	: Ann. Alpa Rajesh Parsana	9712915003
2nd June	: Ann. Priti Pradeep Vasani	9428792804
3rd June	: Ann. Simka Bhavin Bhalodiya	9925030019
3rd June	: Rtn. Param Punatar	7600034078
3rd June	: Ann. Ishita Ravi Ganatra	9427354643
6th June	: Ann. Deval Maulik Kothari	9428346993
7th June	: Rtn. Vishal Vasant	9825304543
7th June	: Ann. Bharti Mahendra Kakkad	9512230302
9th June	: Rtn. Sagar Chag	9909700090
9th June	: Ann. Sonal Binesh Patel	9429579453
10th June	: Rtn. Ankoor Sanghvi	9825077116



2nd June	: Rtn. Darshan Lakhani and Ann. Purvi Lakhani	
	Rtn : 9427407258	Ann : 9898553218
4th June	: Rtn. Yogesh Ghodasara and Ann. Meet Ghodasara	
	Rtn : 9824042117	Ann : 9924029803

MEETING *Review*

The Super Market Challenge

Rtn. Apoorva Modi and **Rtn Ashini Modi** have once again proved that they will leave no stones unturned to bring amazing challenges to **entertain the Greater Parivar**. Their unique concept of **Super Market Challenge** which was organised on **Sunday, 21st May** at **Reliance Smart Bazaar** rated a 10/10 on the entertainment scale. The 6 participating

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teams went on a “Shopping Spree with a Noble Cause”. The teams **shopped** in the supermarket while **solving the Clues** given to them within a **limited amount of money** and **limited time**.



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PP Rtn. Darshan Lakhani

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A total of **Rs 30000** was raised by this challenge, that will be donated to pre decided **Old Age Homes** and **Government Schools** in Rajkot. The participants experienced road rage just by pushing a shopping cart in a supermarket. The volunteers did a wonderful job too. The participants and volunteers were treated with **lip smacking Pav Bhaji** from **Sonali Restaurant** by **RCRG**. The **winning teams** deserve a special mention.

- 1st Prize:** Rtn. Ravi Ganatra, Ann. Grishma Nathwani, Ann. Shilpa Bavishi, Ann. Divya Zaveri, Annet Rishita Joshi and Annet Tanmay Sapovadiya
- 2nd Prize:** Rtn. Ashish Joshi, Rtn. Killol Karia, Rtn. Dr. Nidhi Jhala, Ann. Meera Sapovadiya, Ann. Priti Vasani and Annet Jiya Nathwani
- 3rd Prize:** Rtn. Rushit Nathwani, Ann. Dr Avni Mapara, Ann. Vidhi Nathwani, Annet Meera Kotecha, Annet Hitanshi Mangtani and Annet Merryll Vegda



RTN. PRIYANK BHARAD
Vocational Director

**ONE MONTH
ONE BOARD MEMBER**

One Project

IN CONVERSATION WITH RTN. PRIYANK BHARAD

Spouse Name : Ann. Rajvi Bharad

1 What is your current Profession and what is the name of your Company?

I work in the Education Field, and I have schools in Rajkot under the brand name Bharad Schools



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- 2 What are 3 interesting (not widely known) facts about you?**
a. I like to do all forms of art and crafts like calligraphy, crochet and origami
b. State Handball player
c. I like to collect different brand watches.
- 3 What gives your life meaning?**
My Family and My Work
- 4 Out of the positive emotions of compassion, positivity, enthusiasm, and initiative, which one is your biggest strength?**
My biggest strength is my Curiosity but from the above options I believe it is Compassion.
- 5 What is the one skill that you wish to master in the coming years?**
I like to cook a lot, but I am still very slow at chopping. I really want to master the art of chopping like chefs.
- 6 What is a piece of advice that you would like to give to the younger generation?**
Be Patient. And also, that social media is not the only thing in the real world.
- 7 What could you give a 60-minute talk on with zero notice?**
On how technology can change our life for good and for the bad.
- 8 What big or small lifestyle change have you been meaning to make this year?**
Working out at least 4-5 times a week and cooking more often.
- 9 What is the one thing that you always want to be remembered for?**
Being helpful to people, especially when it comes to technology.
- 10 Which is the most used app on your phone?**
Amazon, Instagram, and WhatsApp
- 11 Whose is the most dialed number on your phone presently?**
My Father, PP Rtn. Jatin Bharad
- 12 Which previous RCRG project is close to your heart and why?**
RCRG sports meet for government students, because that project gave a smile to lot of underprivileged kids and their teachers and parents.
- 13 Who is your biggest influence in RCRG and why?**
My Father, PP Rtn Jatin Bharad is the biggest influence in my life within and outside of RCRG because he is a self-made man who believes in helping people while doing any kind of work, be it a social service or business.
- 14 If you could make one Rule in Rotary that everyone must follow, what would it be?**
Attending at least 1 Service Project in a year.
- 15 What is the one thing that you wish to achieve for RCRG this year?**
I wish to help RCRG come up with a greater number of Service Projects that can make use of Technology to reach out to a greater number of needy people in the society.



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ANN. SIMKA BHALODIYA

The Perks of Being Vulnerable

Contrary to its literal meaning, vulnerability is not a weakness. It is about confronting our deepest fears so that we can be honest with ourselves and, by extension, others. Vulnerability makes us strong because there's no courage without it. Even though it can be distressing to discover parts of us that are fragile, it's hard to find moments of courage that doesn't require uncertainty and exposure.

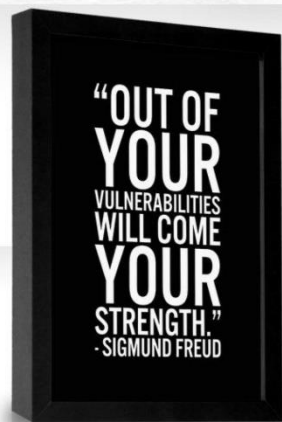
So, the more we become familiar and learn to accept these fragile parts of ourselves, the more courageous we become.

Vulnerability comes from caring. You see, it's hard to care—really care! Be it about a person, a pursuit, or a movement. Things don't always go the way we want them to and it always hurts when we care. A common defence we often use against getting hurt is preventing ourselves from caring at all. We refrain from giving something our everything. Maybe the hurt isn't as intense this way. Maybe! But neither are the joys. Our life isn't full without vulnerability.

Nobody is immune to vulnerability. Nobody has everything figured out. Nobody has all the answers. Nobody is one hundred percent certain. Nobody is without struggle or self-doubt. Everyone has parts in them that are more fragile than they are strong. Strength is gained by owning one's limitations and not by being overly concerned about being the best of all.

It is so hard to pretend that we have everything together. Keeping up this act is exhausting. We fear that when we'll let our guards down, others will view us as weak. This isn't always true, especially if we choose to be vulnerable in front of the right people. When we open to others (be it our acquaintances, our fans, or our colleagues), they feel relieved. They think finally, someone who isn't faking it! Someone who is more like me!

When you are vulnerable, it doesn't just remove your shackles, it also removes the shackles from those around you. The result is more freedom and trust, which supports better, more nourishing, and more effective relationships—both one-to-one and one-to-many.



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Life Begins at the End of your Comfort Zone

I strongly believe in the quote “Life begins at the end of your comfort zone”, by American author Neale Donald Walsh. Some may wonder, what exactly is this comfort zone. The comfort zone defined by Merriam-Webster says that is it “the level at which one functions with ease and familiarity”. In simple words comfort zone is like a safety net where a person's already existing conditions, feelings, situations are well retained.

We humans are instinctively wired to seek food, water and shelter for survival and remain in our own safety nets. We want an overall feeling of contentment in whatever is going on in our lives at a given point of time. Whenever we are faced with an unknown or painful situation we reciprocate by instantly resisting. Avoidance becomes our mantra to find comfort in the familiarity of the 'old'. Because “old” gives us confidence that we draw from our past experiences, situations we have been in, places that we have already been to and people that we have always known.

We as humans have always been a curious species but life made us believe that being curious makes life uncertain and vulnerable. And over the time we learnt that being in our safety zone is better than being vulnerable. But I feel we humans need to get out of this so called comfort zone and experience the richness of the life endowed upon us because nothing ventured is nothing gained.

We need to realize that being contented with what we already have will never lead us to the success that we desire. If everyone starts getting caught in their comfort zones, the world will sit idle and be decades behind of where we are today. There will be no innovations if we choose to stick to the things that we are already familiar with. I think we would never have had internet and smartphones if their developers had been sitting in their comfort zones.

Change is the inevitable nature of life, and if we do not celebrate the challenges that life throws at us, life will become boring and reward less. We need to stop resisting the change because we can either learn to accept the change and be happy or keep resisting it and be unhappy. One simply needs to reach out of the box a few times before it becomes a second nature to get out their comfort zone. Don't let this enriching life just pass by you. Enjoy the change. Get out of your comfort zone because life is waiting for you there.



RTN. PARAM PUNATAR

YOU Critic

BHEED



One of the most shattering sights of the Covid-19 pandemic was the flood of people suddenly rendered rudderless by the announcement of one of the most stringent lockdowns in the world —

chief amongst those were daily wagers, and blue collar workers who would starve if they couldn't go out to their jobs. With no public transport available, they began the long walk home, some carrying all their worldly goods in plastic sacks, with their children, or the elderly, in tow. That the trek under the relentless summer sun of 2020 was going to be long and arduous didn't seem to deter the migrants. But when borders were drawn within the country, the virus also exposed our weak social immunity spilled in the form of Bheed on national highways and railway tracks.

The movie Bheed, shot in black and white, is set at the start of the government-imposed lockdown in May 2020 that led to the exodus of 10 million migrant workers from India's cities. The police officer Surya (Rajkummar Rao) has been put in charge of a rural roadblock to stop poor workers returning to their families and villages – preventing the spread of the virus. All of society turns up at his checkpoint.

A rich upper-caste woman (Dia Mirza) waltzes over accompanied by her driver, fully expecting to sail through. A young woman who worked as a maid in the city risks her life to get her alcoholic father home to their village. There's an elderly security guard travelling on a bus; then a film crew arrives from a TV news channel. Everyone at this checkpoint is blaming each other. A Hindu man (Pankaj Kapur) rants at a Muslim man, accusing Muslims of spreading the virus.

Bheed is a testament to a time when the nation's underclass was thrown into the deep end without so much as a bare-minimum contingency plan. The sorry spectacle that played out in our cities and on our highways exposed our collective indifference to people exploited, marginalised and conditioned to accept their precarious plight. The film is a vivid chronicle of many divides - between the government and the governed, the law and the common man, the rich and the poor, the privileged and the downtrodden, the sensitive and the callous.

The actors merge with the film's physical space to absolute perfection and achieve phenomenal emotional depth. Rajkummar Rao and Pankaj Kapur deliver outstanding performances that enhance the impact of the film. The other cast members - notably Ashutosh Rana, Bhumi Pednekar, Dia Mirza and Aditya Srivastava - are no less effective. The persuasive performances are backed by folksy tunes that blend with the visuals.

Notwithstanding the deletions, Bheed makes its point forcefully enough. Not that a film can change the way a nation thinks, but Bheed does a commendable job of telling a story - in fact, a bunch of stories - that simply needed to be told.



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